

HEALTH AND NUTRITION SERVICES YOU MAY AVAIL FOR FREE

AT BARANGAY
SAN ANTONIO
HEALTH CENTER

MONDAYS TO FRIDAYS
8:00 A.M. TO 5:00 P.M.



Medical Consultation

Dental Consultation

Dental Extraction

Dental Fluoridation

Dentures for Indigent Residents

Discount on other Dental Services

Fasting Blood Sugar (Digital FBS)

Cholesterol Monitoring (Digital)

HIV Screening

Smoking Cessation Program

Blood Pressure Monitoring

Dengue Testing

Family Planning: Pills, Injectables,
Condoms

Wound Cleaning and Dressing

Dispensing of Basic Maintenance
Medicines & Vitamins

**F O R
A L L**



FOR WOMEN

Pap Smear & Vaginal Inspection with Acetic Acid (VIAA)

Breast-I Examination and Palpation

Pre-Natal Consultation

Tetanus Toxoid Vaccination for Pregnant Women

Supplementation of Vitamin A for Post-Partum Mothers (within 1month upon delivery)

Ferrous Sulfate Supplementation for Pregnant Women and Lactating Mothers

Calcium Carbonate Supplementation for 5th Month and Hypertensive Pregnancy



**F O R
M E N**

Annual Digital Rectal Exam (DRE) for Prostate

Annual Circumcision for Boys (9y/o and up)



FOR CHILDREN

Purified Protein Derivate (PPD)

Vaccinations for 0-15 months:

Barcille Calmette-Guerin (BCG)

Hepatitis B Vaccine

Oral Polio Vaccine (1,2,3)

Pentavalent (Penta1,2,3)

Inactive Poliomyelitis Vaccine (IPV)

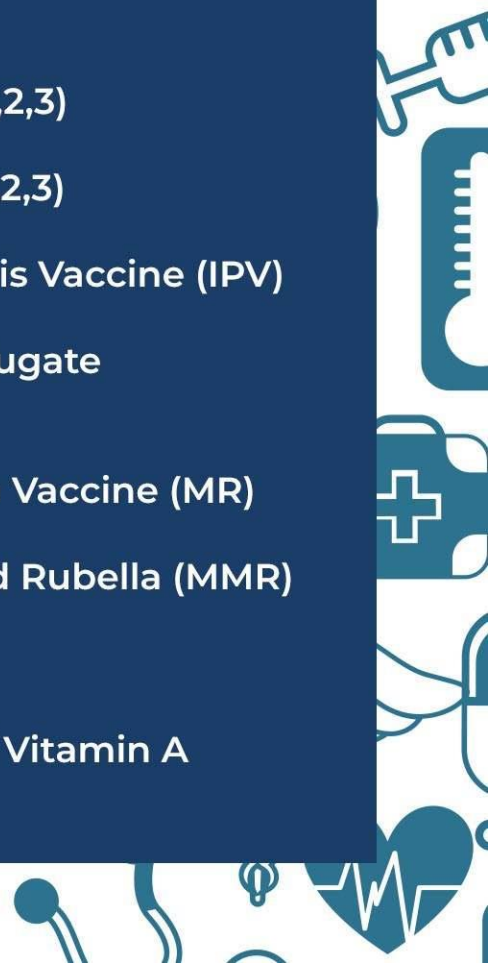
Pneumococcal Conjugate Vaccine (PCV)

Measles and Rubella Vaccine (MR)

Measles, Mumps and Rubella (MMR)

Varicella Vaccine

Supplementation of Vitamin A
(0-59 months)



FOR SENIOR CITIZENS

Pneumococcal Vaccination

Flu Vaccination

NUTRITION FOR ALL

Diet Counseling on Non-Communicable
Diseases, Overweight and Obesity

Micronutrients Powder for Kids

Mag-Nanay Act Supplementation Feeding
Program (First 1,000 Days)



Distribution of Pinggang Pinoy Food Guide
IEC materials

Mandatory Food Fortification
(Salt Iodization Program)

YEARLY ACTIVITIES FOR ALL

Wellness POP-UP for BSA and
ORTIGAS CENTER Buildings (for scheduling)

Annual Eye Check-up

Annual Anti-Rabies Vaccination for Pets (March)

Annual Pet Blessing (October)



For details on FREE Health Services or
scheduling of Wellness Pop-up Program

Please contact
Kgd. Rachel Marie Rustia-Olarte at 8-633-6133
or
visit BSA Health Center at #7 Gen. Malvar Street,
Barangay San Antonio, Pasig City

